



Regulator Charge!

Defending the Final Frontier

NCC-2009

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September 2015

Crew Meetings & Activities 2015

2015

Oct 10 Tarantula Train Ride from Grapevine

Oct 17 Mirror Mirror Month (XO presiding)

Nov 7 Zoo Trip to Fort Worth

Nov 21 Klingon Dinner Thing in Decatur

Dec 19?

All above meeting are subject to change. Normally we meet at Shady Oaks BBQ at 3:00 p.m. on the dates above (unless otherwise mentioned.)

From the Ready Room

Did I turn around and September was over? I will apologize again for missing this months meeting. The new job and shift is taking a lot to get used to. There are things in the works that may see me moving to weekends off. This would make me very happy since I miss being able to join the crew on away missions.

I hear that a good time was had by all at the Airshow. Upcoming is the Grapevine train trip and the Fort Worth Zoo. I wish I could join you but please take lots of pictures. We are one of the most active ships in Starfleet and we can all be proud of that. October is Mirror month! Submit your stories to Tank and myself. We will be meeting at Shady Oaks and if weather permits we will be seated outside. I know I said I would be able to attend but I will be at Dallas Comic Con Fan Days. I don't normally attend the Dallas Comic Con events but Lucy Lawless will be there and that I can't pass up. Remember that the path to the I.S.S. Captain's chair passes through the XO's chair. Feel free to terminate Tank's command with extreme prejudice.

We have a really great crew. I know I say it a lot but I don't think I can say it enough that I am very proud to be a member of the Regulator. Remember to continue to invite your friends to join us. More friends equals more fun!

Late breaking news! The Sci Fi Factory will be having an event Oct 24th with the 501st. It is a Toys for Tots drive. I will post details as I get them to the FB page or contact Sci Fi Factory. Lots of Star Wars and Comic heroes will be there and Star Trek officers are welcome!

Thank you again for being such a great crew!

LLAP

Captain Michael Cross

XO

Check out the Helm report.

Brigadier Tank Clark, SFMC

First Officer, USS *Regulator*, NCC-2009

Communications

Just a reminder, we need to start thinking about our Christmas get-together. I realize it is just September but you all know how fast these months can pass when you least expect it. Is there anyone out there who would like to host this year's party? If not, we can still hold it at our regular meeting place. Just some food for thought.

News Flash!!!!

This just in, the SciFi Factory will be hosting a showing of the new Star Wars movie. It will be on Dec 19 at 11:00 in Lake Worth. No it will not be at the Starplex like they did for Avengers. They can't tell us just yet because of Disney rules but lets just say they have a "Bistro" of a menu at the concession stand. (There is a Lake Worth Movie Bistro- hint hint). Tickets are \$10 each and all proceeds go to Juvenile Diabetes. As far as I know Tickets will be sold only at SciFi Factory store on North Beach. We might be able to work something out if people want to go but can't be to the store for tickets.

Liz Goulet, R.Admiral

Communications Officer, USS *Regulator*, NCC 2009

MEDICAL ALERT!! MEDICAL ALERT:

If you haven't noticed, Tank is one of those guys who always makes movie references. He just assumes everyone has seen the movie in question, too.

One evening I decided we were going to have tacos. We didn't have any taco shells, so I stopped at a grocery store on my way home & picked up a box.



When he saw the box, he took a picture of it & posted it to Facebook, with the caption "We're having Italian tacos tonight." This was a reference to A Christmas Story, when Ralphie's dad won a "Major Award" and when it arrived it was labeled FRAGILE. He pronounced it "Fraa Gee Lay" and said it "must be Italian!"

Some people took it seriously, and asked for a recipe. (He was told that it was a Facebook Foul to make such an announcement without the recipe.)

So, I had to make one up (Tank helped).

Italian Tacos

Ingredients:

- Chicken breast*
- Italian Sausage*
- Grape Tomatoes
- Bell Pepper
- Mushroom
- Black Olives
- White onion
- Italian Dressing
- Flour Tortillas
- Garlic Powder
- Basil
- Olive Oil Spray
- Shredded Mozzarella Cheese

Marinate chicken in Italian dressing overnight.

Veggies: Quarter the grape tomatoes, slice the bell pepper, slice the mushrooms*, slice the black olives, and cut the onion. Mix the veggies together, and marinate them in Italian dressing for a few hours.

Sprinkle basil and garlic powder over the veggies, and roast them in oven (or on grill) until browned.

Remove sausage from casing (or use ground sausage), cut chicken breast into small pieces, and saute the meat.

Spray a skillet with olive oil spray, and sprinkle garlic powder and basil into it. Heat each tortilla in the skillet separately until warm.

Assemble the tacos: meat, veggies, then top with shredded Mozzarella cheese.

Notes:

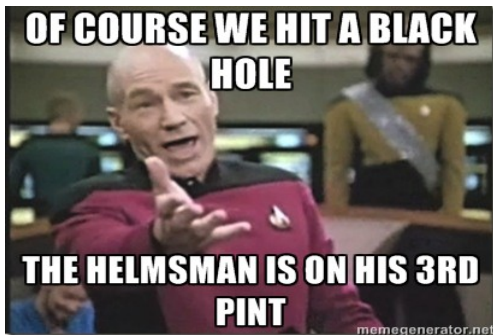
- I used a jar of pre-sliced mushrooms. If you do this too, remember to drain the liquid from the jar and wash the mushrooms, to remove that salty flavor.
- We didn't think about adding black olives and some white onion until we started eating. I would recommend using only a small amount of onion – for two people, maybe a quarter of one onion.
- No quantities are given, as we just kinda eyeballed the right quantity for enough tacos for two.
- We used 2 small chicken breasts (between ¼ and ½ lb total chicken)
- We used 3 Walmart brand Mild Italian Sausage Brats, peeled off the skin and cooked as if ground meat.

These turned out fabulous!! Some of our best work yet; and all based on a wild thread about taco shells marked FRAGILE.

"Gustare!"

Rolling the bandages,
CDR Tracy "Gleek" Clark, STARFLEET
Chief Medical Officer, USS *Regulator*, NCC-2009

HELM



"Mr. Sulu, you may... indulge yourself."

After Action Reports:

Alliance Air Show

The USS *Regulator* sent a landing party to the Alliance Air Show. This year's Landing Party consisted of Brigadier Tank Clark, Commander Tracy Clark, Lieutenant Perry Brulotte, and Crewman Melissa Brulotte.

We arrived at the Alliance Airport shortly after the airshow opened to the public. As usual, there were lots of interesting aircraft on static display, including a B-52H, a B-19, a Soviet MiG-17, a F-86, one of the USAF's Thunderbirds, and an Osprey.

After strolling around, we bought a snack and some drinks, and found a place to set up our chairs. Despite repeated applications of sunscreen, most of us were still over-exposed to the sun, and by the end of the day, became slightly red.

When the airshow started, it was wonderful! It started with propeller-driven stunt aircraft, both monoplanes and bi-planes. They tended to do similar stunts, but it was all very entertaining. The Jack Links "Screamin' Sasquatch" was an interesting aircraft -- a unique prop/jet biplane. A civilian jet

demonstration team, the Breitling Jet Team, performed some wonderful maneuvers in their L-39 Albatross Czech-made two-seat jet trainers. Later, a F-22 Raptor performed for the crowd, impressively showing off some amazing abilities. Toward the end of the Raptor's flight, it was joined by a P-51 Mustang. They flew in very close formation -- doubtless, the Mustang going as fast as it could, and the Raptor nearly as slow as possible.

The finale of the show was the Blue Angels, the U.S. Navy's demonstration team. I had seen the Blue Angels once upon a time as a child -- they were flying F-4 Phantoms then. Now, of course, they fly F/A-18 Hornets. They also have a C-130 Hercules called "Fat Albert" in support, which also flew some entertaining maneuvers.

All in all, a wonderful day with wonderful company. Too much fun!

FenCon XII

The USS *Regulator* made an appearance at FenCon this year. Major Marchant, Warrant Officer Wilkerson, and Fleet Captain Clark all had a great time, visiting with all the other attendees, shopping in the Dealer's room, and attending various panels. I really enjoyed the new hotel, the DFW Westin, in Irving -- it's very nice, and much closer to my home than the Crowne Plaza in Addison was. I highly recommend attending this con.

Upcoming Activities:

Vintage Train Ride, Sat 10 Oct. **At the September Crew Meeting, everyone said that this should be an "In-Uniform" away mission, so please wear a uniform if you have one.** I

think most of us wanted to do the longer ride, from Grapevine to Fort Worth and back. We'll meet at the Grapevine depot (705 S. Main St, Grapevine) around noon, and purchase tickets as a group at 12:15.

The train boards at 12:30, and leaves the station at 1:00 PM. The return train boards in Fort Worth at the Stockyards station at 4:05 PM. Touring class is \$16/person.



Saturday 17 Oct is the date of our Mirror Month Meeting, but Michael has informed me that he will be attending the Dallas Comic Con instead. I eagerly await his report.

Saturday 07 Nov 2015, the Science department has scheduled a trip to the Fort Worth Zoo. (*I'd like for the Landing Party for this to be a bit larger than our last couple, if possible.*) We'll be at the zoo from around 1300 hours until 1600 hours; we'll meet for lunch @ 1200 at Ol' South Pancake House (1509 S. University, Ft Worth) and we will carpool from there. Zoo Tickets \$12/ea. Zoo address: 1989 Colonial Pkwy, Ft. Worth

In December, the Sci-Fi Factory will be doing a private showing of *Star Wars Episode VII*, and we'll most likely be sending an away team for this. Liz has contacted them, and she's told me that she should have the rest of the information available for this newsletter. (So... go read her article!)

Releasing the parking brake,
Brigadier Tank Clark, SFMC
Helmsman, USS *Regulator*, NCC-2009

Navigation Department

"Second star to the right, and straight on 'till morning..."

Sean Washburn, Lt jg

Navigation, *USS Regulator*, NCC 2009

BOSUN (Chief in Charge)

Special Note: Please put your name and what group you want your flip tops to be counted for on your bag with the tops. If you **do not** put your name on it, you won't get credit- I will.

BONUS: For those who recruit somebody whether you are an individual or family, they may assist you this year only in the flip top contest. This is to encourage you to get somebody to join the ship.

Alan Goulet, MCPO

From the Flight Deck:

OIC, VMA-333 "Phoenix Squadron"

Take a knee, Marines.

Things have been a bit quiet on the Marine front recently. If you get a chance, please head over to the Marine tab of the web site (directly at <http://ussregulator.weebly.com/marines.html>), you may see that I've found the "build-a-guidon" link online, as well as the list of all the streamers that the 333rd has been awarded over the years.



I mentioned during September's meeting that the new Marine Force Manual has been published, and that there are two new uniform options available. You all know I'm a nut about uniforms, so if you have an SFMC uniform, please double-check the new MFM to make sure you're wearing it correctly. (Some things have changed, but most of them are minor changes – placement of insignia, that sort of thing.)

We did have a singular honor bestowed upon us recently: SSgt. Karen Chaffin earned the first place in last year's SFMC Reading Challenge (Adult/Individual). As you may know, the Reading Challenge runs from IC to IC, so it's just recently started back up again.

To participate in the Reading Challenge, please send me your name, SCC, and the title, author, ISBN, & page count of each book you've completed. My reports are due on the first day of each even-numbered month (Feb, Apr, Jun, Aug, Oct, Dec), so please send me this information early. I have never reported late; if you get me your info on the 2nd or the 3rd, it won't go into the report.

I'm trying to make sure the Brigade and the Corps leadership knows how awesome our squadron is, so I also appreciate any information on what you may be doing as a STARFLEET Marine that I may not know about. Drop me a line, and I'll incorporate it into my reports.

Thank you all, and Carry on!

Never Give Up, Never Surrender!

Colonel Tank "Bazinga" Clark, SFMC OIC, VMFA-333 "Phoenix Squadron", 3BDE S-1 Personnel & Administration

From the Deck 15 Horde: Known as the Klingon Krew

On the weekend of Oct 3, the *IKV Melota* is hosting their 22nd Batleth tournament at Purvis Creek State Park. Contact them (their web site is at <http://www.janissaries.net/ikvmelota/>) for more information!

Saturday, November 21 is the *Regulator's* annual Klingon Dinner Thing. This is our fall promotions & awards meeting, and we encourage everyone to attend in Klingon garb, or Klingon-ish uniform or clothing. It will be held at the Decatur First United Methodist Church's Wesley Center, the same place we've held it in the past. The festivities will begin at 5:30 PM. I know there's a lot of people on the Promotion List, and no one wants to miss that!

This is a potluck dinner – if you can, bring "Klingon" food, or food that is "Klingon-inspired," or just bring some food. We'll need something to drink, too. If for some reason you can't bring a dish, that's okay... we have always had plenty of food to share. (In years past, someone has even just brought donuts, and someone else brought a bucket of KFC.)

Stay Tuned!

For the Empire!

Kai the Klingon Krew! Qapla'!

Have Phaser, Will Travel!



Rangers, we've got a lot to talk about this month.

First, I'd like to repeat some information from the Ship's Meeting, and elaborate on it a little bit. STARFLEET Special Operations (SFSO) has been working very hard in recent months, and the SFSO experience has been enriched because of it.

If you point your web browser to <https://sfso.wordpress.com/publications/>, you will see all the manuals and other documents available within the SFSO. In the middle of the screen are the SFSO Awards manual, the SFSO Training Manual, and the "Guide to the Wear and Appearance of STARFLEET Special Operations Uniforms and Insignia" (which I'll call the Uniform Manual). I'm going to talk about them in order.

The Awards manual lists the eleven awards the SFSO issues. Some of these awards have multiple levels – the General Martok award, for example, is awarded for service in the SFSO (beginning in 2013, before which the records are rather iffy). There's a 1-year, a 3-year, a 5-year, and a 7-year ribbon; only one of these ribbons is worn at a time, and the ribbon is worn in the same spot relative to other ribbons, regardless. SFSO Ribbons are worn only on SFSO uniforms – you may not wear them with your STARFLEET Marine uniform (unless you wear them on the SFMC's Award Case, but that's a whole different thing) and you may not wear SFMC ribbons on the SFSO uniform. For some silly reason, some SFMC members have pitched a fit about the SFSO encroaching on the SFMC's turf, so the SFSO is going out of its way to avoid official crossover. (You can still be a member of both, or either... or none.)

The Awards manual also describes how to wear them. The Uniform guide tells us how to wear them – and I have some updates from what I said in the meeting. There are many, many options for official SFSO uniforms. The primary uniforms are from the TWOK era – and, of course, so is the *USS Regulator*. The department color (worn on the shoulder strap, the sleeve strap, and the stripe on the sides of the pants leg, as well as the turtleneck for officers) for the SFSO is Royal Blue. Optionally, you may add a diagonal royal blue stripe on your standard department shoulder strap and sleeve strap.

In my favorite era, TOS, the first version of the manual stated that the department color would be gray, with Security Red being an option. This has been corrected (again, to make sure the SFSO doesn't step on the SFMC's toes) to Hunter Green (with Red still being optional). I love this choice, and after Tracy is done making all the other uniforms she's got on her list, she'll be making me a Class B Duty uniform in Hunter Green and a Class A Dress uniform in the same color.

The only official cover at this time is the Royal Blue Beret, worn with the SFSO pin. I'm in the process of submitting an option for all uniforms OTHER THAN the Hunter Green TOS – a Royal Blue "overseas" cap (sometimes called a "field cap"). It's a lot cooler than a wool beret, and it's easier to tuck it into your belt when you uncover. For the Hunter Green, I think that Royal Blue would look horrible. The original beret color for the SFSO was tan, and I think either a return to the tan beret or for an optional tan "overseas" cap

would be a grand idea. (This will also be submitted for official approval.) Cover, of course, remains optional – as do uniforms, for that matter.

The third manual on the web site is the Training Manual, and I've talked about it before. I urge everyone to download a copy of the manual, and start working through the Ranger section, beginning with the Basic Training (Grade 1). When you have finished with a course on the list, write the date you've passed that course on your sheet. When you have completed all the courses in Grade 1, bring it to me so I can sign it and have Captain Cross sign it. Then, I can submit it to the Certifications Officer to make it official. Then, repeat the process with Grade 2 "Agent", and so on. When you have completed Grade 2, you will have completed the requirements for the Major Hayes/Ranger award... and you'll have another ribbon to add to your ribbon rack.

One more thing about the Meritorious Unit Commendation the 33rd STARFLEET Rangers won: There is only ONE of these awarded per year for each command (Rangers, SEALs, Recon, Intel, & MACO.) In talking with Fleet Captain TJ Allen (the Director of the SFSO), our unit is the largest Ranger team, and the most active Ranger team. I can't say enough how awesome y'all are.

Secondly, I have a brief review of a solo adventure for the **Dungeons & Dragons** ("Basic") game. *Ghost of Lion Castle* came out in 1984, and was designed to be played by one player, without a Dungeon Master (DM).

The "Basic" D&D game was different from the Advanced D&D game that was being published at the same time. There were fewer classes: Fighter, Magic-User, Thief, and Cleric were all human classes, or you could play a demihuman – Dwarf, Halfling, or Elf. Combat used a combat resolution table, and play was similar in many ways to AD&D.

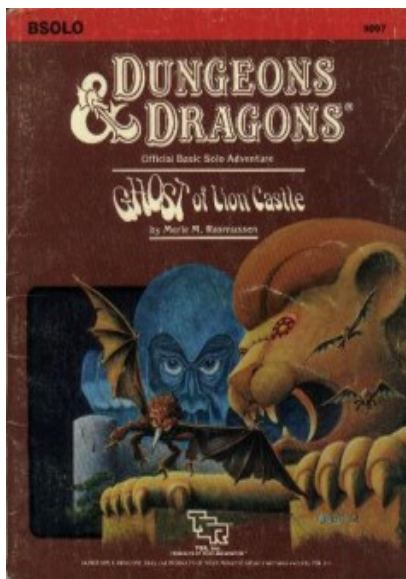
The first game I Dmed was a basic "Red Box" D&D game, and I've always enjoyed the system. (The Basic set was called the Red Box set, because it came in a red box, as opposed to the Expert "Blue Box" set.) Years later, TSR published the Rules Cyclopaedia, which consolidated all of the rules for D&D. As my friend Jeffery Webb said, you could play forever using only one reasonably small rulebook. Truly awesome.

Ghost of Lion Castle came complete with pre-generated characters – all either magic-users or Elves. (In this system, an Elf could wear any armor, use any weapon, and cast Magic-User spells, too. They had a smaller hit die – a d6 – than fighters and Dwarves, and they couldn't cast higher-level Magic-User spells, and they also leveled up slowly, but they were awesome to play.)

The adventure starts in a tavern. You select what PC you want to use, and then follow the directions on how to play. When you make a choice, the adventure tells you to go to a certain entry. Go to that entry, and follow the instructions there. Easy, right?

I have attempted to go through this adventure three times. All three of the PCs died. It's not easy, but it sure is fun.

I have a copy of this adventure in PDF format, as well as some of the D&D rules. If you want, let me know and I'll email it to you (or, you can bring me a USB thumb drive and I'll copy it over for you.)



Grab some dice... we're leading the way,

Fleet Captain Tank Clark, SFSO
Team Leader, 33rd STARFLEET Rangers ("The Paladins")
Have Phaser, Will Travel

Ship's Services

October's birthday is Liz Goulet on Oct 27.

Side note: Did anyone notice that they have discovered water on Mars? Now we have an even bigger reason to go there. Where do we get tickets?

Engineering Department

Power supplies have been flexuating lately due to an unexplained drain from the Klingon deck. Haven't discovered the problem yet but am looking into it.

Roone Machart, Maj,
Chief of Engineering, *USS Regulator*, NCC 2009



Science Department

Our next scientific away mission is Saturday, November 7. We will be meeting at the Ol' South Pancake House, 1509 South University Drive, Fort Worth, TX to take a shuttle or three over to Fort Worth Zoo. Meeting time for lunch is 1200 hours, shuttle(s) will leave at 1300. We will shuttle (read: carpool) to the Fort Worth Zoo, where we will catalog and investigate multiple species of Terran animals. We anticipate returning to the shuttle docking point (Pancake House) between 1600-1700 hours. Cost to park each shuttle is \$5. Cost for admittance is \$12. We hope you can join us on this exciting away mission!

The Birth of Hot Springs

Your Chief Science Crewman recently joined a group of civilians on a trip to Hot Springs, Arkansas, Earth. Hot Springs is so named for the thermal spring waters found there that flow out of the earth at an average temperature of 143 degrees F and at almost one million gallons per day. Hot Springs was the first federal reservation, effectively becoming the first national park in 1832 during President Andrew Jackson's administration. Soaking in the spring waters became popular around that time, and many bathhouses are still in operation today. Drinking of the spring waters is also favored by both tourists and locals, who were seen filling jugs at one of the many fountains in the city.

The water in Hot Springs is heated by geothermal heat. The temperature of the Earth increases with depth and the water is heated when it comes into contact with hot rocks deep within the Earth's crust. This is in contrast to hot springs that are heated by magma in volcanic zones such as Yellowstone National Park.

One of the most interesting finds at Hot Springs is the visible blue-green algae that grow in water that is almost too hot to touch. These algae are thermophiles that have adapted to live in temperatures of 158 to 163 degrees F (70 to 73 degrees C). One of the species found at Hot Springs, *Phormidium treleasei*, is so rare that it has only been found at 5 other places in the world!

There are a lot of other thermophilic creatures that can be found at Hot Spring, AR, not to mention a plethora of history. Crewman Brulotte highly recommends that you visit!

Melissa Brulotte
Science, *USS Regulator*, NCC 2009

SECURITY! SECURITY!!

There has been reported some unusual activities happening on the Klingon deck. Power surges that can't be explained and some unusual noises coming from there. The surveillance system is working but haven't been able to identify anything yet. May have to do some undercover work.

Scott Cornatez, Lt.
Security, *USS Regulator*, NCC 2009

Advertisements

It has been suggested that we might help our fellow crew members by posting ads for their personal business. This day and age starting a business isn't easy and they can use all the free help we can give them.



Custom Vinyl Decals, Gifts, Apparel, Editable Printouts, etc.
Go to: www.etsy.com/shop/LauraWashburnDesigns



Meetings for the *USS Regulator* are held every month
at 1500hrs at Shady Oaks BBQ at Sand Shell &
Hwy 35. Usually on the third Saturday of every month.

For information contact CO Captain Michael Cross

at
regulator@region3.org
or visit our web site

<http://ussregulator.weebly.com/>

Regulator Charge! Newsletter is a monthly publication produced to inform members of upcoming events with the ship, with the region, and with the fleet. As well as things of interest everyone might like to know about. Information in this publication is obtained through emails and internet sites. The *USS Regulator* is a non-profit organization affiliated with STARFLEET. Although we are Star Trek based, this club does enjoy and encourage anything that is SciFi related such as Battlestar Galatica, Stargate, Star Wars, X-Men, Superman, etc. This is an 'on line' publication for all those who have email. If requested a printed copy can be sent to you at your home address.