



Volume 14 Issue 01

January 2017

Crew Meetings & Activities 2017

February 18	July 15
March 18	August 19
April 15	September 16
May 20	October 21
June 17	November 18
July 15	December?

All above meeting are subject to change. Normally we meet at Shady Oaks BBQ at 3:00 p.m. on the dates above (unless otherwise mentioned.)

COMMAND DIVISION (YELLOW) CO REPORT

A new year started. Sorry I missed the party but I had a very busy weekend. I was Alfred at the Mavs game on Friday, had a screening and a birthday party on Saturday and finished it off with a Heroic Inner Kids board meeting on Sunday. I hope you all had a good time and gifts were bountiful.

The new Frisco chapter, The USS Apollo will be having their Commissioning celebration on the same day as our February meeting. It might be nice to join forces that day and welcome them. We can discuss it on FB and have info passed to all the members.

Election season has started! I have not seen a report on who has thrown their hat in the ring but there is still time. We need a total of 5 officers so if you have ever thought of serving now is the time.

Big thanks to Tank for redesigning the website. It looks great!

Look forward to seeing you all.

LLAP
Captain Michael Cross

XO REPORT

Like one hat said to another...

... “you wait here, I’ll go on a head.”

(Sorry.)

IC2017

Many of you have asked me about International Conference (IC) this year. As IC is in Region 3’s Area of Operations (AO), the Region won’t have a separate, stand-alone Summit, so you can spend the money & time you might have spent on Summit on attending IC instead. Tracy and I are working on funding our trip, and hope to see you all there, if possible!

Here’s the info, from the IC committee:

Save the Date: IC 2017 is August 18 – 20, 2017.

The Venue: The New Orleans Airport Crowne Plaza has graciously allowed STARFLEET to host our festivities. For those choosing IC as part of their vacation, the hotel offers easy access to the French Quarter and the Superdome. Other attractions in the area include Treasure Chest Casino, Historic Rivertown, and Esplanade Mall. Within a small 15 mile radius, you can also visit the Aquarium of the Americas, Harrah’s Casino, and the Audubon Zoo.

Our hotel this year has an on site restaurant – The Landing. Open for breakfast, lunch and dinner, our closest dining option offers seasonal selections to tempt a wide variety of palettes. The Landing Lounge, open daily, offers a warm atmosphere, local beers, and signature New Orleans cocktails as well as the perfect location to sit, relax, and catch up with friends and STARFLEET family. The Lounge offers a daily happy hour and food selections available from the on site restaurant. For those looking to relax with a little activity, there is an outdoor pool and whirlpool for the late night Fleeters chat sessions. Fitness facilities are also available.

*The IC 2017 Committee has secured a block of 150 room nights. STARFLEET members will get the special rate of *\$99 during the days of the Conference as well as one day before and one day after (8/17/17 – 8/21/17). Members can call the hotel directly at 1-800-227-6963 and give promotional code “SIZ” to get the event rate. Or use the link on the www.ic2017.org/venue to make your reservation online.*

**Discounted rates for suites are currently being negotiated.*

Registration for IC 2017: From now until January 31, 2017 SFI Members can get an early-bird event rate of \$40. So you have only few more days left to take advantage of the reduced rate.

February 1st – April 30th registration will be \$45.

May 1st – July 31st registration will be \$50

Meal Pricing

Now – July 31st Friday Night Marine Dress Mess is \$45

Now – July 31st Saturday Night Admiral’s Banquet is \$45

On July 31, 2017, Online Registration will close for Conference Registrations and Banquets, so make your registrations early for the party of the year!!

On August 1, 2017, the \$55 payment for the event registration will be accepted at-the-door. Unfortunately, banquets WILL NOT be available for purchase at the door. So make sure you get yours before the July 31st deadline.

This year we have an extra special opportunity. Everyone who registers for the Admiral’s Banquet will have a chance to sit at the Fleet Admiral’s table. There will be a drawing from the banquet

registrations to dine with the Fleet Admiral. It doesn't matter how long you've been in Fleet or what your rank is, all you have to do is register for the banquet and your name goes in the hat.

If you are unable to attend International Conference this year, please consider supporting our efforts with a Contributing Membership. For a mere \$25, your membership will allow you access to the IC via a streaming service, a souvenir program book, and a bag of goodies as our thanks for helping out with the event.

We are working hard to make this IC the biggest and the best yet and we cannot wait to share the experience with our STARFLEET Family. So please come on down and Les Bon Temps Roulet!

To continue to get updated information about the IC, make sure you're a part of the STARFLEET Members Only group on Facebook, or check out www.ic2017.org.

Ship's Elections

As a reminder: At the April meeting, we'll be electing the next term's Captain, and the new Division Officers (Red, Blue, Gold.) The Ranger Team Leader, the Marine Officer-in-Charge, and the Klingon Leader positions are also up for election. Nominations open in February and March for those positions, and we're hoping to enjoy lots of friendly competition for them.

All this and regular ship meetings, too! Pretty awesome, eh? Come out & join us!

Respectfully,
Commodore Tank Clark, SFMD
First Officer, USS *Regulator*, NCC-2009

SCIENCE DIVISION (BLUE)

Ship's Services

Feb birthdays : Michael Cross 19 Feb

Renew Memberships with Fleet: Perry & Melissa Brulotte due 1/23; Goulets due 3/17; Glen Wilkerson due 5/15; Michael Cross 5/22

Communications

Well, this is not only the start of a New Year but the start of a new format for the newsletter. I hope everyone had a good holiday but it's now time to start looking forward to the new year and getting ready for elections. Remember that February and March we nominate those that we want to be our Division Chiefs and also we elect a new CO. Tank will outline the process but you can also check your ships handbook on how this is done. (Although I believe just about everyone has been here when we have done this in the past.) Also a reminder that I take contributions to the newsletter – reports on movies, books, tv series, etc. We want to fill this this up so I have too many articles to print.

There will be a Con DFW on Feb 10-12 at the Radisson at Fossil Creek(www.condfw.org), and Fan Expo is Mar 31-Apr 2 (www.fanexpodallas.com) . You can also register if you plan on attending IC in New Orleans this year – the website is up and working.

Liz Goulet, R.Admiral
Communications Officer, USS *Regulator*, NCC 2009

Medical

Please state the nature of the medical emergency... oh, it's YOU again.

The CMO is off working on something she calls "Real World Issues," so, once more, I will attempt to educate people on a medical-related subject.

Urinary Tract Infections

One of the most common types of infection, accounting for over eight million visits to doctors each year, a urinary tract infection (or UTI) is caused by microbes such as bacteria overcoming the body's defenses in the urinary tract. UTIs can affect the kidneys, the bladder, and the tubes that run between them.

The urinary tract, consisting of the bladder, the kidneys, the ureters, and the urethra, removes waste and excess water from the body. The kidneys filter blood, removing waste and surplus water to form urine. Urine travels through the ureters to the bladder, where it is stored until it is ready to be passed through the urethra (urination.)

A UTI is an infection of any part of this system, but most involve the lower urinary tract. Although women are more likely to develop UTIs than men, men are certainly susceptible to UTIs.

Most UTIs are not serious, but some can lead to serious problems, particularly with upper urinary tract infections. Recurrent or long-lasting kidney infections can cause permanent damage, and some sudden – acute – kidney infections can be life-threatening, particularly if septicemia (bacteria entering the bloodstream) occurs.

There are many factors known to increase the likelihood of developing a UTI, including diabetes, poor personal hygiene, having a urinary catheter, blocked flow of urine, kidney stones, menopause, immobility for a long period, and/or heavy use of antibiotics (which can disrupt the natural flora of the bowel and urinary tract.)

Common symptoms of UTIs include strong and frequent urges to urinate; cloudy, bloody, or strong-smelling urine; pain or burning sensation when urinating; nausea and vomiting; and muscle aches and abdominal pains.

If you have any of these symptoms, or have questions about UTIs, please consult your doctor.

This is your friendly neighborhood Emergency Medical Hologram, reporting for

Commander Tracy "Gleek" Clark, SFMD
Chief Medical Officer, USS *Regulator*, NCC-2009

ENGINEERING DIVISION(RED) ENGINEERING

Am working on reconfiguring the warp to get more speed out of these engines. Got the "go ahead" from HQ to work on this projected for future missions.

HELM

Unfortunately, I now have to SIGNIFICANTLY limit my beer consumption, at least until after my glucose levels get back under control. <Expletives Deleted>

The new Ship's Articles have gone into effect, as of January 2017! For the next few months, the ship will be operating in a strange situation, in which we don't really have departments any more but we still don't have divisions formed. Remain calm; all is well.

In November, I discussed the Blue Division; in October, the Gold Division. That means that it's time for the Red Division!

Red Division

The Red Division is responsible for membership recruiting and retention, as well as for social activities of the ship. These social activities include (but are not limited to) holiday parties, as well as the two promotion/awards ceremonies the ship holds each year: The Klingon Dinner Thing in April and the Mirror, Mirror Month Meeting in October.

On ST: TOS, engineers, security, transporter operators, lawyers, and many others wore red-colored uniforms. (Ship's Articles 2017, Section 4.02 (d))

The Red Division's bailiwick includes elements from the Navigation Department and the old Special Services Department. Basically, the Red Division is all about getting people, keeping people, and celebrating our people. This is a VERY important group of tasks, as without people, no one is here. Empty ships are no fun... and if we drop too low, the Regulator will close down as a STARFLEET chapter. We have to maintain a minimum of 10 STARFLEET members. We currently have no worries about that – last time I looked in the Database, our chapter had 17 members – but it should always be in the back of our mind. Besides, how awesome would it be to have 20 people or more show up at a meeting!

Our new ship's Articles say nothing about HOW we can recruit & increase membership; nor does it limit what types of social activities we can have. In years past, some of the recruiting methods included tables at conventions and at movie cinemas; flyers posted in restaurants; and old-fashioned word-of-mouth. The Region has some guidelines on what they call "Fleet First" tables – raising money for charities and giving out information instead of just the "hihowareyouwelovestartrekcomebackandtalk" (as the potential new member strides briskly away) type of recruiting tables we've seen – and done – in the past. The Fleet First program looks like a step forward in many ways, changing the focus from "join us" to "help us help others... oh, and have fun with us, too!". Red Leader should coordinate with the Blue Leader to organize this type of function, as it's partly about fundraising and partly about membership.

Membership retention is another big part. Once we've got 'em, how do we get 'em to keep coming back – and maybe join in all the fun? We've had several members over the years come for a while, then just drop off the scope. (Colin! We miss you! Kevin! Come hang out with us!) This of course means that the ship has to DO things that people WANT TO DO!

What do YOU want to do? Chances are, someone else wants to do them, too. Don't just wait for the Captain (whoever he or she may be) to come up with something... if you want to do it, bring it up! Try to give some notice, as not everyone can free up time on the weekend without some planning time. Game days? Movie nights? Throwing "Pooh-sticks" into the Trinity River? Book club? Just getting together somewhere for a dinner and conversation (like a meeting but without the boring bits where

Tank drones on forever)? Obviously, the Red Leader will have to coordinate with the Gold Leader on these, as some of the activities might be considered "Landing Parties" or "Away Missions".

I'm very excited about the upcoming year, and all the opportunities we have!

I welcome all your feedback. Call me, text me, e-mail me, hit me up on Facebook, Google Plus, or just grab my elbow at a meeting (or whenever you see me.)

Releasing the parking brake,

Commodore Tank Clark, SFMD
Helmsman, USS *Regulator*, NCC-2009

NAVIGATION

Nothing to report at this time. Still working on course manures for the coming mission

SECURITY

All departments report everything secure. All weapons have been accounted for including the CO's price pearl-handled pistols dated 1890.

BOSUN (Chief in Charge)

Book Report

America's First Woman Astronaut in Space: Sally Ride

The Sally Ride story was written by Lynn Shree, the former 20/20 reporter. The story was well written covering Sally's early years. Then she covered how she had to qualify for the NASA program. She was in the first group of women when they opened the program to lady astronauts. She was the only woman to be asked to be on the accident investigation committee for the Challenger. This was a very interesting book about a woman astronaut and the challenges she faced.

This is to give you an update on the flip-top challenge. Last year at this time, we had collected over 18,000. So far this year we have collected 4,800 plus. But we have less people bringing in flip tops this year. If you want to get your workers or friends to help you, go ahead. They all go to a good cause and will benefit the kids.

Special Note: Please put your name and what group you want your flip tops to be counted for on your bag with the tops. If you **do not** put your name on it, you won't get credit- I will.

BONUS: For those who recruit somebody whether you are an individual or family, they may assist you this year only in the flip top contest. This is to encourage you to get somebody to join the ship.

Alan Goulet, MCPO



From the Flight Deck:
OIC, VMA-333 "Phoenix Squadron"

Take a knee, Marines.

There's not much new this month, so this will be fairly brief.

1. Election in April, at which we'll elect the Officer-in-Charge, Deputy Officer-in-Charge, and Sergeant Major. Nominations open in February and close in March, and I'll stand for the OIC office if so

nominated – I'd just like to give everyone an opportunity, if they want one.

- a. We may consider changing Branch-of-Service at the change of command, from Aerospace to <whatever>. Read the last article, from November.
2. The Brigade is having a stand-alone muster this year. I'm unlikely to be able to attend, as it's a bit cost-prohibitive for me: \$75/person, camping at Sherwood Park (a ren-faire site).
3. We're soliciting award nominations for the Brigade. Check your Marine Force Manual (MFM), available for download at the STARFLEET Marine Corps web site (<http://www.sfi-sfmc.org/>) under the Library tab.

Any questions, or if you just want to chat about stuff, feel free to email me (greenlantern.pirate@gmail.com), call me (940.255.9445), text me, or find me on Facebook, or whatever.

Thank you all, and Carry on!

Brigadier General Tank Clark, SFMC, SFMD (BFHD, LMAO)
Officer-in-Charge, VMFA-333, "Phoenix Squadron"
Never Give Up, Never Surrender!
Greenlantern.pirate@gmail.com

From the Deck 15 Horde: Known as the Klingon Krew

For the Empire!

This is a repeat of information from the November issue:

Although the Klingon Krew of the USS *Regulator* are not a Department, (nor a Division) of the ship, and are therefore not a part of the current Department Heads (see the current 2015 Ship's Articles) nor the future Leadership Committee (see the 2017 Ship's Articles), the Klingons do function in many ways as one. One of the ways the Klingons are like the future Division Leaders, is that we elect the Klingon Leader. Per the 2017 Articles, Section 4.02 (g),

"During Division Leader Elections (each even-numbered year), the Klingons will hold an election for their Leader. The procedure for this election is identical in nature to the one for a Division Leader, except that in order to run for, or vote for, the Klingon Leader, one must be a member of the Regulator's Klingons for at least six months prior to the election."

To make this completely clear: In April, we Klingons will elect the Klingon Leader for the period of May 2017 through May 2020. If nominated, I will accept the nomination, and if elected, I *will* serve; however, if someone else is nominated and elected, *I will fully support that person in his role*. I'm not asking to step down, but I'm not insisting that I be re-elected, either; also, if I am returned as Klingon Leader, I will ask for someone to become my Deputy.

For the Empire!

Kommodore Klark, son of Konald



As always, the monthly reminder: You should, when and as possible, be taking Ranger courses from STARFLEET Academy. You can get the lists of what you should take for each Grade (1 through 10) from the Publications page of the SFSO web site: <https://sfisfso.wordpress.com/publications/> There's a lot of stuff to learn, and it's fun. Do it! When you complete a grade, notify me, letting me know the dates you completed each course within the grade. I'll send it up through my chain of command, and get you certified. Easy-peasy. Completing Grade Two earns you the Major Hayes ribbon... just like Rear Admiral Goulet recently earned.

One other “business-ey” thing: when the USS *Regulator* holds elections for Division Leaders, like we will in April, the position of Ranger Team Leader is also on the ballot. I am NOT stepping down – if nominated I will stand, if elected I will serve – but if the Rangers want to make a change, I won't be upset. Again, I like being TL, but I'll support any TL the Rangers on the ship elect.

Now, on with the game stuff...

First, let me talk a bit about what Frankenstein's mish-mash of a game I've been playing, when opportunity permits. I've kind of talked about it before, but let's discuss what we've got going on. The base game is *For Gold and Glory*, which is, in most respects, a clone of *Advanced Dungeons & Dragons, Second Edition*. Some terminology is changed, and some rules that were only found in accessories like *The Complete Fighter* or *The Complete Thief* were incorporated into the core rulebook. Along with that, the primary “overlay” is a *Labyrinth Lord* accessory called *Rangers & Rabbits*. *Labyrinth Lord* is a retro-clone of Original *Dungeons & Dragons* (with some changes & simplifications), and *R&R* changes the standard races to anthropomorphic animals – like in Disney's animated *Robin Hood* movie. There's lots of bits & pieces that are added & changed along with the species of the player characters, too. For example, *R&R* has Luck points, based on character size (small, medium, or large), that are rolled at the beginning of each game session. Because *LL* is based on Original *D&D*, and *R&R* is based on *LL* (and the *Labyrinth Lord Advanced Companion*, which uses makes the game more closely resemble *AD&D First Edition*), there's a lot of First Edition-like rules mixed in, too... and we've added some, too. We also use house rules, both adapted from other RPGs (like the combat math system from *Stars Without Number*, discussed in previous issues) and ones that I've used in the past, like the “half or better” hit points for levels above first. When the character is leveling up, roll the hit die. If the result is less than half that what is possible, just use the half possible amount. For example, a cleric uses an eight-sided hit die (d8); if the cleric's player rolls a d8 and it comes up two, than that cleric's hit points go up by four (as half of eight is four, four is the minimum hit point increase). If, however, the player rolled a five, the PC's hit points increase by five... and of course, this is modified by any race or constitution hit point modifiers.

Let me just say this about our *R&R/FG&G/AD&D* game: I'm having a blast, and wish we could play more often. Visit RPGNow.com, and download your copy of *Labyrinth Lord*, *Advanced Companion*, and *Rangers & Rabbits*.

Okay, there's one more game I want to discuss, and it's one that's not available yet: *Starfinder*.

Once upon a time, the owners of the *Dungeons & Dragons* game decided to drop the then-current game engine (*D&D 3.5*) and Hasbro/Wizards' of the Coast issued *D&D 4th Edition* (“4E”). Piazo, a company who had published *Dragon Magazine* and *Dungeon Magazine*, took the opportunity to publish an updated edition of 3.5, and they called it *Pathfinder*.

Pathfinder is currently one of the most popular, if not THE most popular, fantasy RPGs. (So much so that even out here in the wilds of Wise County, the local public library hosts a *Pathfinder* game every

month.) This year, in August, Piazo will be releasing a new science fantasy game based on the *Pathfinder* engine, entitled "*Starfinder*." Instead of a standard science fiction space game, this will be firmly on the "fantasy" side of the coin. I've been following the pre-release information fairly irregularly, but it sounds interesting, with "four-armed aliens with laser rifles casting spells" and "wizards with laser guns." In other words, this game will be closer to John Carter of Barsoom than to Star Trek, or even to Firefly. One of the goals of the system is to maintain compatibility with Pathfinder, so your Space Marine can fight dragons, trolls, and orcs.

Starfinder is scheduled to launch with a single Core Rulebook, supported by supplements, accessories and Adventure Paths.

The "downside?" Well, you know how much I like free RPGs? This ain't one of 'em. It's available to pre-order for \$59.99, at <http://paizo.com/store/starfinder>. I'm still very, very interested.

Grab some dice, and let's start killin' some goblins...
Sum non Satis?

Commodore Tank Clark, SFMD
Team Leader, 33rd STARFLEET Rangers ("The Paladins")
"Have Phaser, Will Travel"

ARTICLES OF INTEREST ETC. BY VARIOUS CREW MEMBERS

Gangster Tour of Texas by T. Lindsay Baker

This book is a very interesting read for those who are interested in the history of Texas. It covers crimes in Texas from 1920 to 1953 all over the state. It will take you from local areas to west Texas and all the way to the coast. Each crime scene description is updated to recent road information and what type of parking is available in the area. So if you are looking for places to travel to by car, this is a book for you. So go back in time and learn about crimes that happened in the past in your own backyard.



Meetings for the *USS Regulator* are held every month
at 1500hrs at Shady Oaks BBQ at Sand Shell &
Hwy 35. Usually on the third Saturday of every month.
For information contact CO Capt Michael Cross

at
regulator@region3.org
or visit our web site
<http://ussregulator.weebly.com/>

Regulator Charge! Newsletter is a monthly publication produced to inform members of upcoming events with the ship, with the region, and with the fleet. As well as things of interest everyone might like to know about. Information in this publication is obtained through emails and internet sites. The *USS Regulator* is a non-profit organization affiliated with STARFLEET. Although we are Star Trek based, this club does enjoy and encourage anything that is SciFi related such as Battlestar Galatica, Stargate, Star Wars, X-Men, Superman, etc. This is an 'on line' publication for all those who have email. If requested a printed copy can be sent to you at your home address.